



# **Power of One Enterprises, LLC**

## **Power of Unity, INC.**

### **Taft School Status Report**

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**Thank you for taking an interest in the Power of One.** I, Dr. Robert Akikta developed Power of One Enterprises in 1985. Our program continually strives to get the message of self-discipline to youth and families. Power of One's core concept is based on self-empowerment, which include:

- Life enrichment services of conflict management
- Conflict resolution
- Decision- making skills

The core curriculum includes the following topics:

- Developing a Group Concept
- Anger Control
- Violence Prevention
- Observe. Breathe. Act.
- Empathy
- Stress Management
- Relaxation
- Self Esteem
- Reasonable Force
- Attitude
- Visualize
- Carjacking
- Assertiveness Training
- Sexual Stereotypes
- Family Issues
- Protecting Your Home
- Personal Values
- Empowerment
- Rites of Passage
- Bullying

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# **Power of One Enterprises, LLC**

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Power of One Enterprises teaches youth and families to “See if before you believe it.”

### **OBJECTIVE**

Sticking with the core principles above, we piloted a program in Taft School. Our objective has been to increase parent involvement and to help with student participation in their schooling. As you can imagine, there are all sorts of issues that children face – be it with peers, with their home life, school situations and/or emotional needs. Because of these needs of the children, it’s important to work as a family unit. The children’s issues are best met by addressing the full family unit. It’s important to involve the parents, the middle management, the administration and the children. We began in 2010, and offered a variety of healthy relationship services through the Power of One set curriculum. These wrap around services encouraged the community to engage in various subject matters that parents and/or students may face. With 48 participants and 33 sessions, we provided transportation and dinner. We offered a variety of family support services, including but not limited to food needs, court needs, family youth advocacy, mediating services, medical and psychological services. Sometimes, we just provided an ear – someone to listen and guide. Our goal has been to educate, encourage and empower the students to become self-sufficient adults of the community by providing various opportunities. Below provides a comparison and the changes of needs from year to year.

### **MISSION STATEMENT**

“To experience the unlimited power we each possess and to utilize it to the fullest potential.”

### **VISSION STATEMENT**

“To increase parent involvement in academic process to increase student achievement.”

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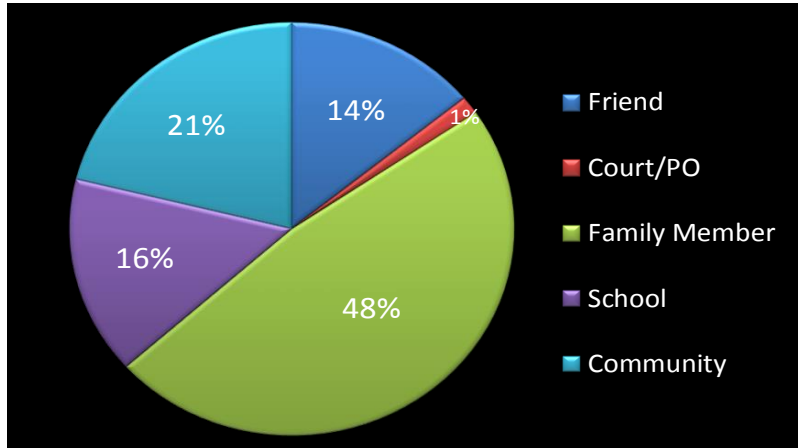


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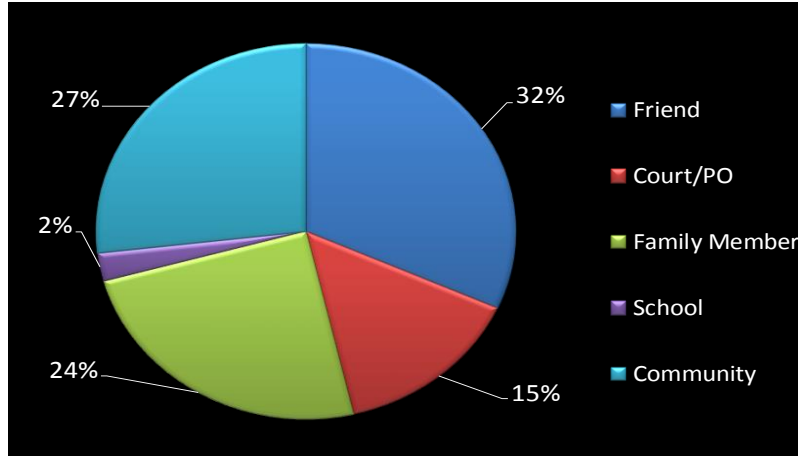
## Power of Unity, INC.

### HOW PARENTS LEARNED ABOUT THE PROGRAM

2010 – 2011



2012 - 2013



As you can see from the charts above, when the program started, the majority of referrals came from family members. As time went on, friends and the court highly recommended the program.

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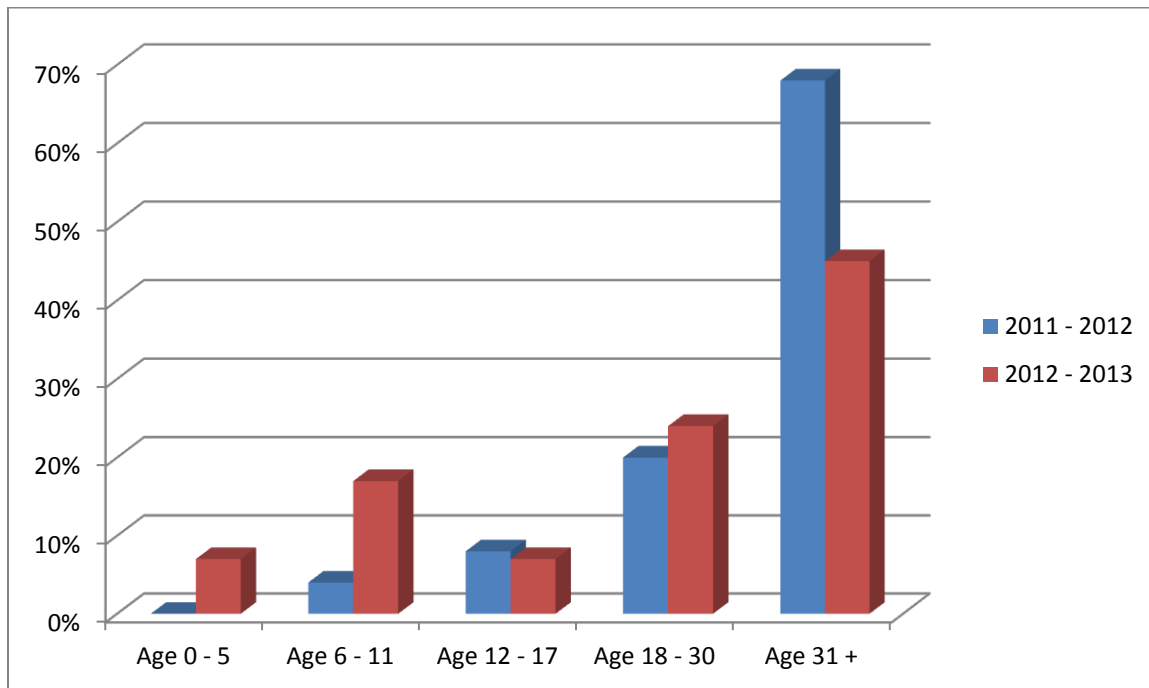


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### DEMOGRAPHICS

- Age



\*Please note that on PowerPoint Presentation, the comparisons are slightly different – we wanted to show an accurate representation from year to year.

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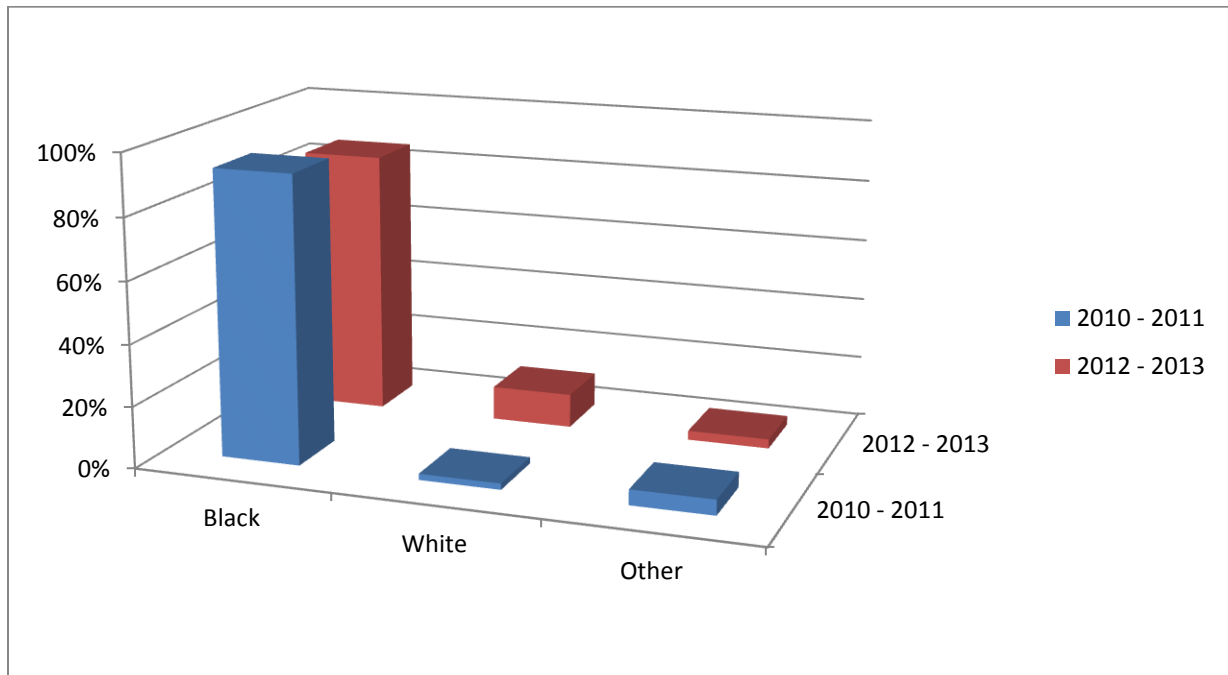
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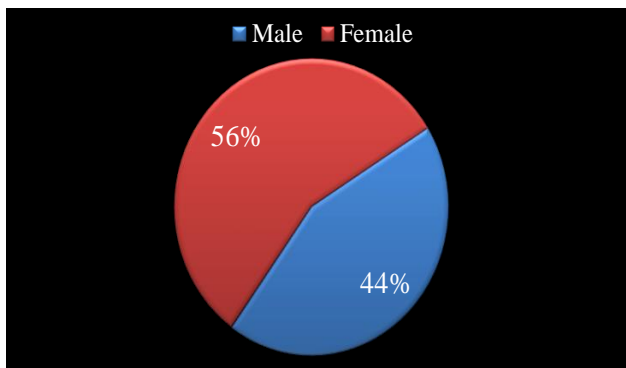
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- Race

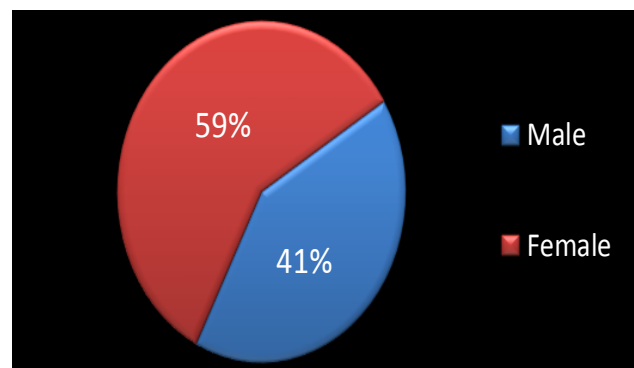


- Gender

2011 - 2012



2012 - 2013



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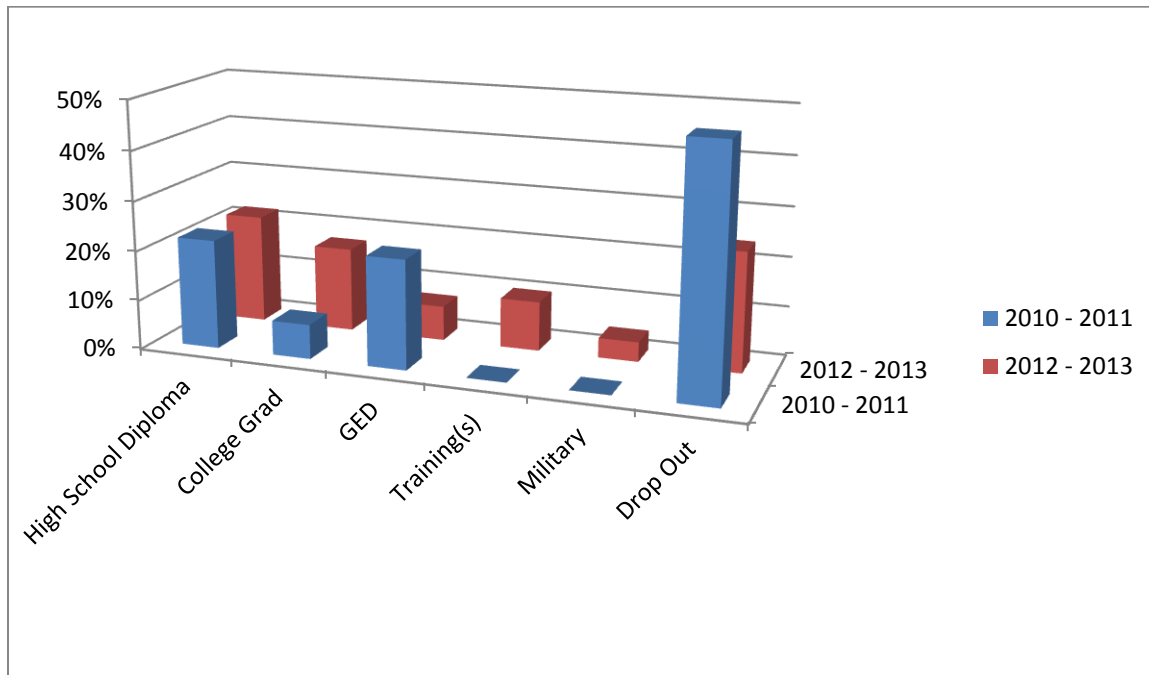
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- Education



One significant item to note on this chart is the decrease of drop-outs from year to year. Encouraging, empowering and educating these students and families have provided additional opportunities.

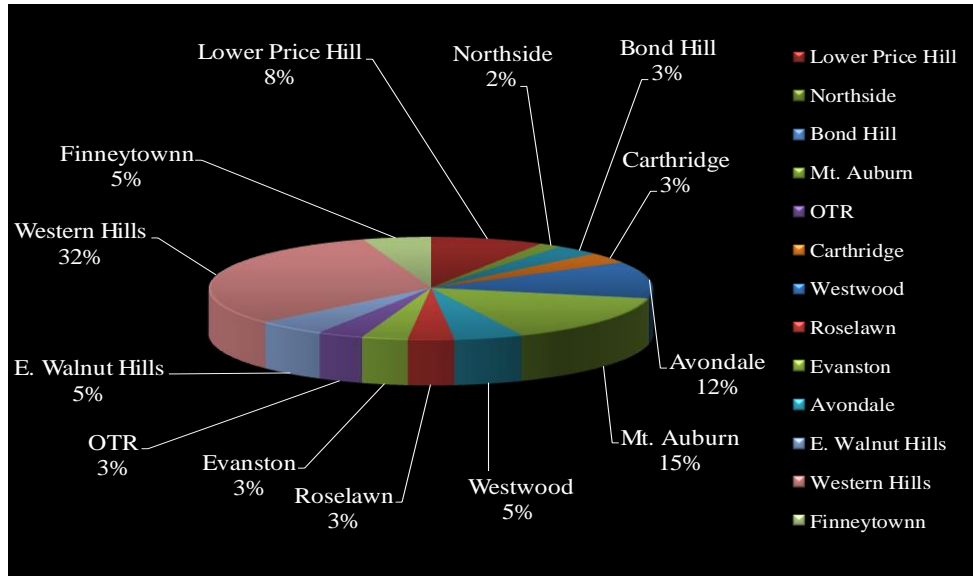


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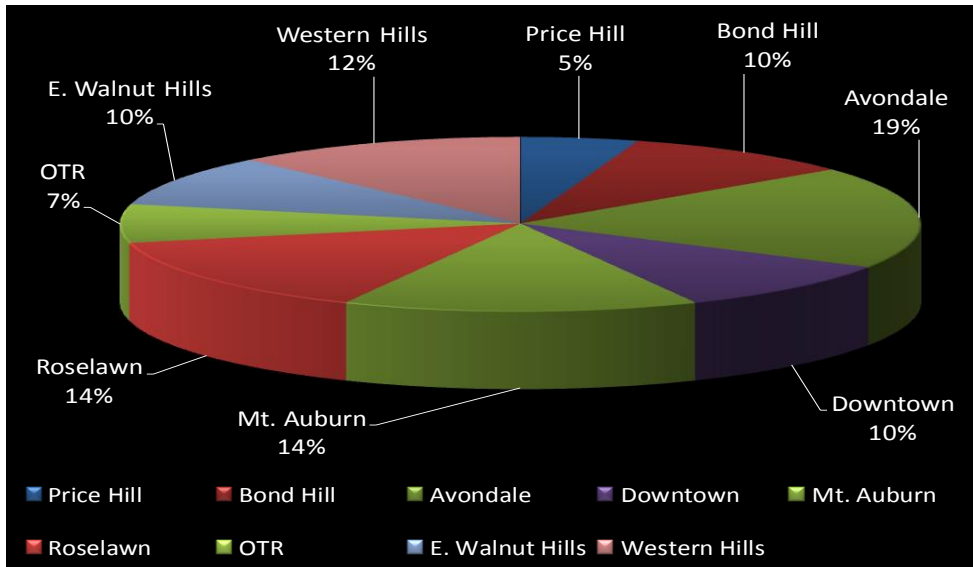
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- Neighborhoods

2010 - 2011



2012 - 2013




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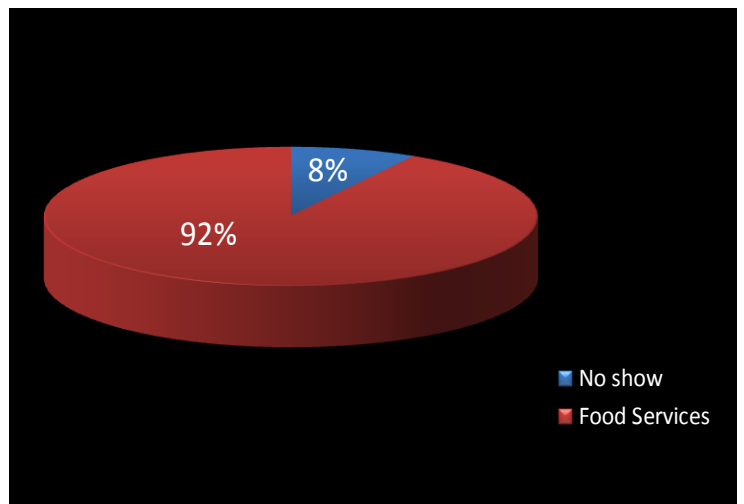
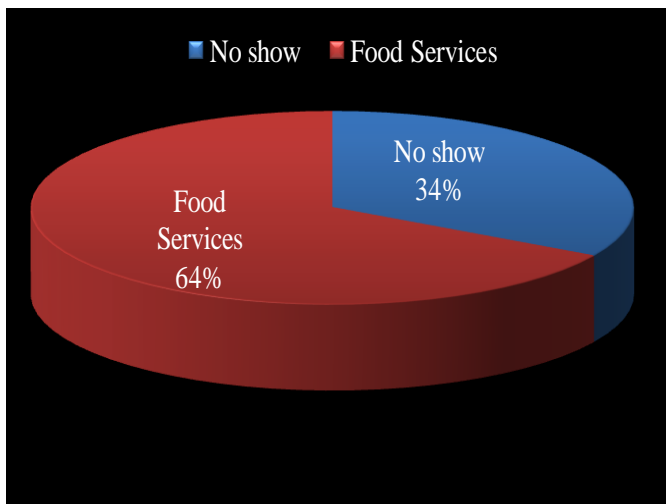
### SERVICES PROVIDED & USAGE

As stated above, we offered a variety of services to make the program easily accessible. Below is a summary of some of these services and the usage.

- Healthy Relationships Building is the term we used to account for circumstances that could influence participants to come. In 2010 – 2011, we had 81% Healthy Relationships Building success – 19% of the participants had some sort of circumstance(s) that resulted in no shows. By 2012-2013, we had 100% Healthy Relationships Building; something we are very proud of. It shows the increased need for the services we are providing.
- Food Services - We provided dinner at each of the 33 sessions. We were pleasantly surprised at the decline of no shows from years to year. Again, this shows the increased interest and need by the community.

2010 – 2011

2012 - 2013



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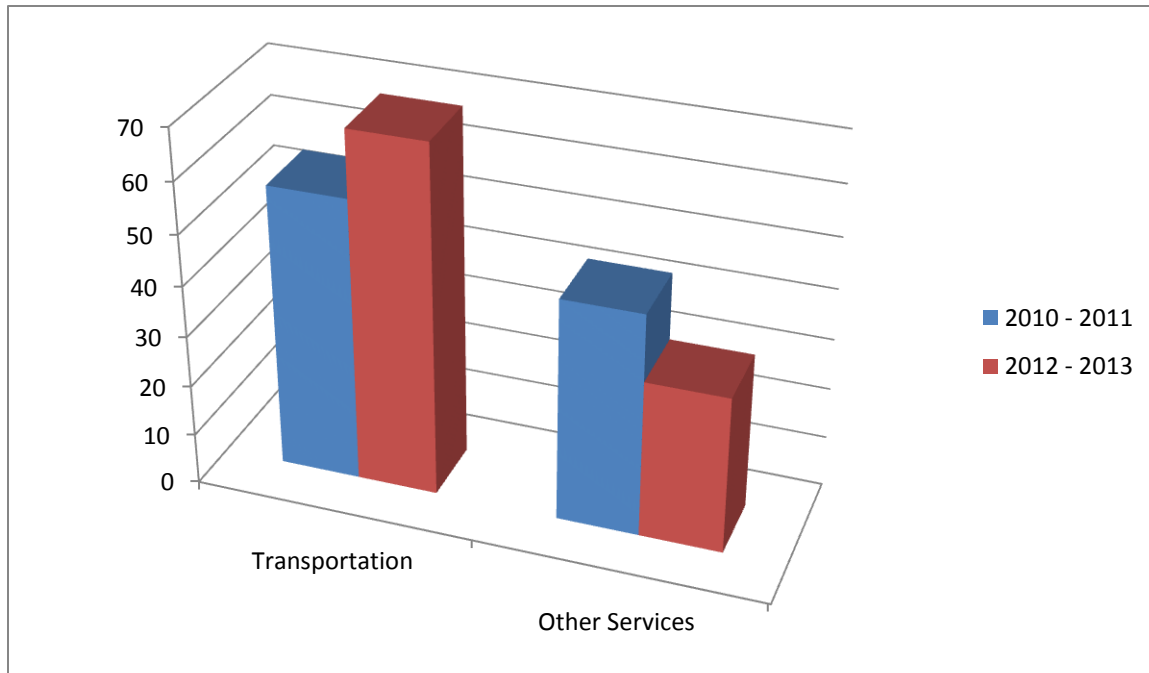




# Power of One Enterprises, LLC

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- Transportation - we provided transportation to and from the facility. Not only do the majority of the participants need help getting to and from the location, the need for transportation has increased, as shown in the chart below.



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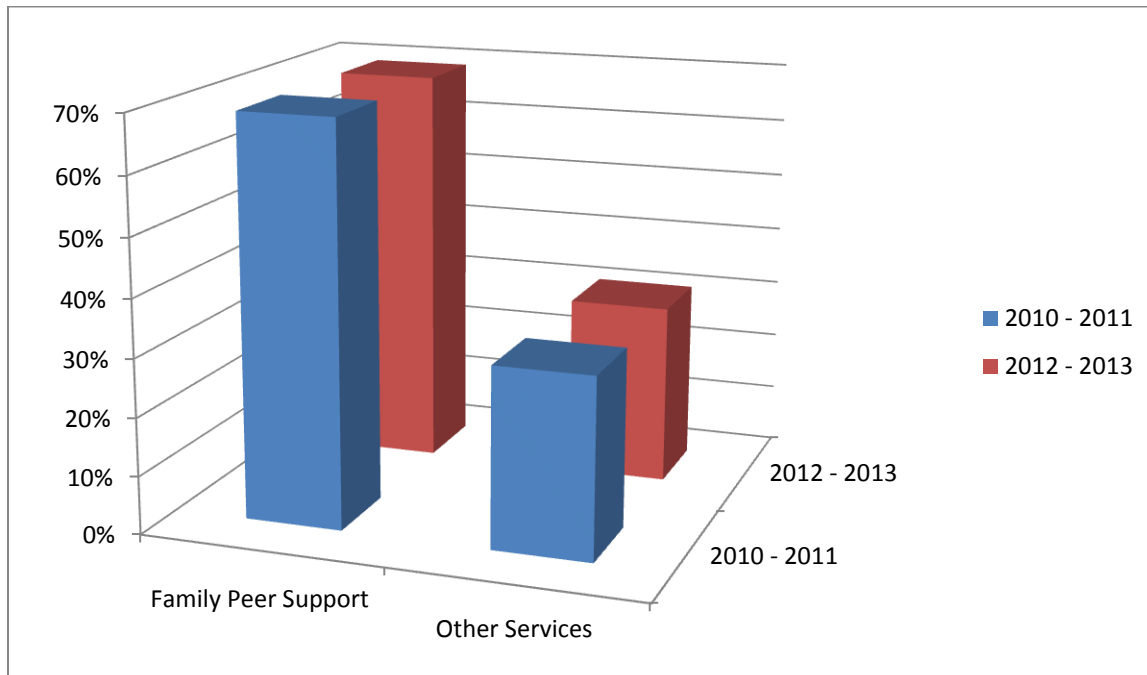
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- Family Peer Support – The below chart displays what percentage of people needed additional services. While the numbers didn't change from year to year, it's important to note that 69% of the participants needed additional support.



- Completion of Healthy Relationship Building – It's important to note the percentage of people who completed the curriculum from year to year.
  - From 2010 – 2011, 60% of the adults completed the program, and 40% of the youth completed the program.
  - From 2012 – 2013, 69% of the adults completed the program, and 31% of the youth completed the program.



# **Power of One Enterprises, LLC**

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### **SUMMARY**

From the data above, we believe the pilot in Taft School has shown to be very beneficial to students, family members and administration. We have demonstrated the importance of working together as a family unit. Our goal of educating, encouraging and empowering has proven to be beneficial, and our hope is to provide students with the tools and opportunities to become self-sufficient adults of the community. We believe this is a worth-wild cause and think it would be beneficial in additional various schools.

Remember, Power of One Enterprises teaches youth and families to “See if before you believe it.”



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**Power of One Enterprises, LLC**  
**Power of Unity, INC.**

**Taft School Status Report**  
**2010 – 2013**

**By**  
**Mrs. Wanda Daniels**  
**Robert L. Akikta, Ph.D.**



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