

About Us

The Power of One Enterprises LLC, is a nonprofit organization empowering people to adopt peaceful lifestyles and giving them enough self worth and tools to maintain peace at any cost.

Programs are inspired by the new martial arts science, Aishikan Okinawan Bushido (AOB) System: an action packed program helping individuals discover how to have healthy relationships with others and become solution driven. It helps identify triggers, develop rational thinking, and build self confidence to de-escalate situations without any form of aggressive attacks.

Programs use non traditional teaching methods, physical activity and personal meditation to engage, educate and empower communities and groups of people.

TESTIMONIES

"Many of the youth live in areas where they see shootings and chalk outline bodies. We need more concerned advocates in the community to address the crucial issues that were addressed in this workshop."

- Mary E Simmons, Director Future Leaders Program

"This program changed the way I looked at myself and gave me a whole new perspective on dealing with conflict. I no longer allow circumstances to control my actions, but now I am in control."

- Jessica Miller, Participant

**Let's Start a
Relationship Today!!**

Contact Us

Phone

(513) 678-0716



Website

www.powerofoneenterprises.com



Email

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THE POWER OF ONE ENTERPRISES, LLC

**CREATING PEACE
AT ALL COST!**



We Engage, Educate and Empower Through

- Non-Traditional Motivational Speaking/ Training
- Round Table Discussions
- Collaborative Working Meetings
- Meditation, Martial Arts Training and exercise

**All of our services can be geared to meet the needs of your organization.

*** Programs designed to reach a diverse range of audiences aging from 3 years old through adulthood.



Topics We Cover:

- Alternative Behavioral Coping Skills
- Peaceful Lifestyles
- Leadership Development
- Self-Esteem and Self-Worth
- Stress Management
- Crisis Intervention
- Overcoming Trauma and PTSD
- Addiction Awareness
- Classroom Management
- Relationship/Team Building
- Many More....

Why?

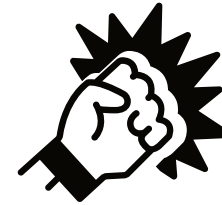
The only way to create a brighter future for our world is to break the ongoing generational cycle of violence.



Statistics Show:

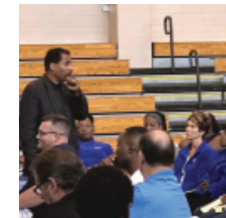
From 2011- 2020:

- Gun deaths increased 33%
- Gun suicides increased 12%
- Gun homicides increased 70%



Violence plagues our communities

Violence is found in schools, work places, homes and communities. There are other options and peaceful ways of living.



Dr. Robert L. Akikta

Dr. Akikta has worked in the field for over 30 years and is professionally trained to guide your community through a great breaking transformation