

Power of One Enterprises, LLC/Power of Unity, Inc.

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Winton Hills Academy School Status

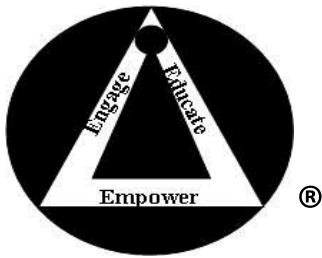
Thank you for taking an interest in the Power of One. I, Dr. Robert Akikta developed Power of One Enterprises in 1985. Our program continually strives to get the message of self-discipline to youth and families. Power of One's core concept is based on self-empowerment, which include:

- Life enrichment services of conflict management
- Conflict resolution
- Decision- making skills

The core curriculum includes the following topics:

- Developing a Group Concept
- Anger Control
- Violence Prevention
- Observe. Breathe. Act.
- Empathy
- Stress Management
- Relaxation
- Self Esteem
- Reasonable Force
- Attitude
- Visualize
- Carjacking
- Assertiveness Training
- Sexual Stereotypes
- Family Issues
- Protecting Your Home
- Personal Values
- Empowerment
- Rites of Passage
- Bullying

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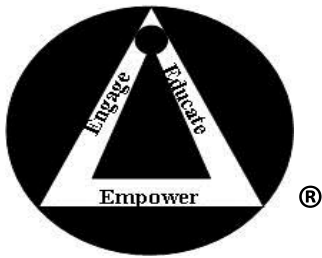
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Acknowledgements

On behalf of the Winton Hills GOE, we would like to thank each and every individual and organization/agency for contributing in making the GOE successful.

- Alpha Delta Boule fraternity of Cincinnati
- Madison Consulting
- Mrs. Red S.S. Catering
- Art Links
- Cincinnati Art Museum
- Green Acres Foundation of Cincinnati
- National Underground railroad Freedom Center

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Power of One Enterprises teaches youth and families to “See if before you believe it.”

OBJECTIVE

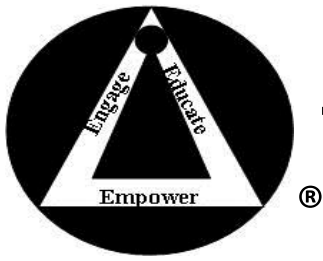
Sticking with the core principles above, we piloted a program for Winton Hills Academy in Ohio. Our objective has been for our select students to maintain their current high grades and/or to increase the grades they’re receiving. We also want to decrease the chance of inappropriate behavior(s) in the future.

Jesse Moore began a program called Gentlemen of Excellence (GOE). I, Dr. Robert Akikta, came on to support and enhance the program. The GEO program is designed for identified boys in seventh and eighth grade. These boys were identified by the staff as demonstrating excellent behavior. The Cincinnati Public Schools have a zero tolerance policy. We began this program in 2009, and wanted to encourage and reinforce the positive behaviors these selected individuals were showing – to keep them on the right path and reward them for those positive behaviors.

Our end goal is to engage, educate and empower the students to become self-sufficient adults of the community by providing various opportunities. This past year, we had 14 boys enrolled. The program allowed for these boys to come once a week (during specials) to teach the Power of One Curriculum. We touched on subject matters such as school anxiety, bullying and safety awareness techniques. We also took them on field trips and used team building games. I have a new theory called Emotional Disillusionment – it’s a theory that states if an individual is feeling something, they suppress it. We worked on getting to the core of those feelings and where they come from. We focus on not what is said to you, but the way you answer it; we focus on not what happens to you, but what you do with what has happened; and we focus on learning from your past to step forward into the future.

Below provides a comparison and the changes of needs from year to year.

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THE GENTLEMEN OF EXCELLENCE OATH

- As a GOE member, I will commit to the group as a brother member and honor them and myself by my words and my actions.
- As a GOE member, I will connect to my GOE brothers, my family, my school and my community as a pillar who stands for right and will speak with conviction by giving and helping others with all my emotions, heart, mind, body, soul and strength without reservation.
- As a GOE member, I will be consistent in being active as a GOE brother in engaging, educating and empowering others and bettering myself to reach my dreams and goals.

MISSION STATEMENT

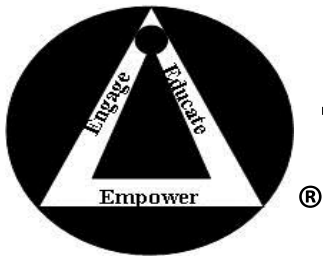
“To experience the unlimited power we each possess and to utilize it to the fullest potential.”

VISSION STATEMENT

“To increase parent involvement in academic process to increase student achievement.”



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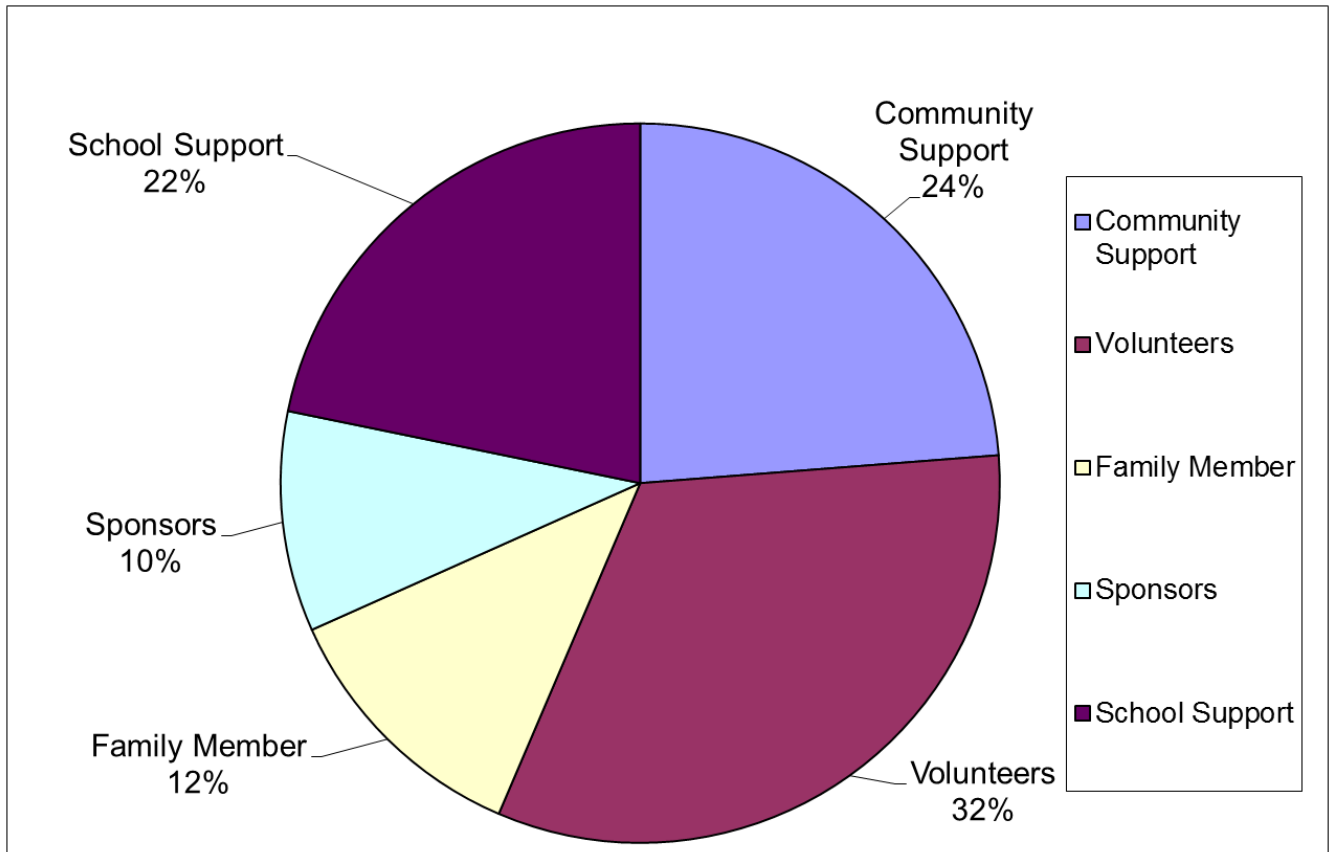


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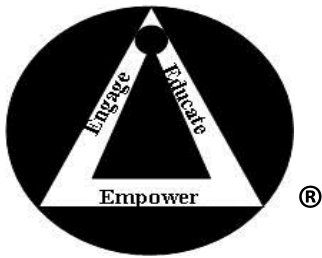
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HOW DID YOU LEARN ABOUT GENTLEMEN OF EXCELLENCE?



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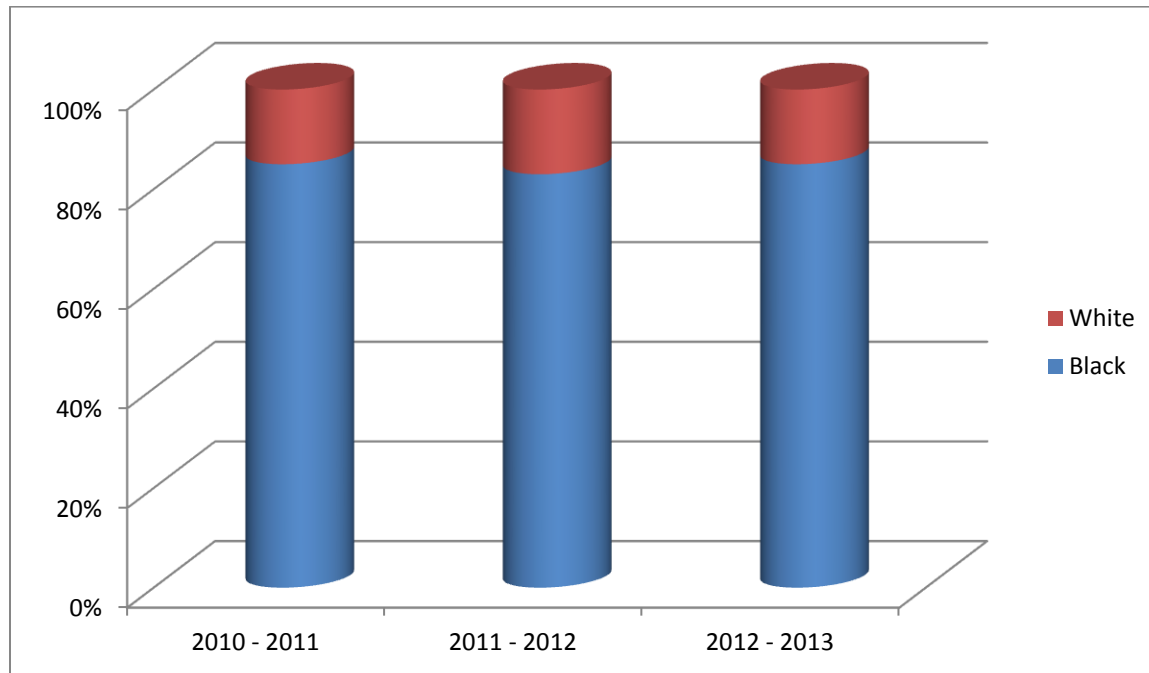


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DEMOGRAPHICS

- Race



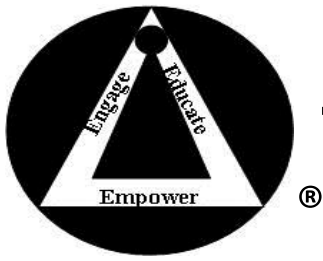
*One of our goals in years to come is to increase diversity. As stated above, the participants are nominated by the staff. We would like to see additional races in our program and offer these opportunities to additional students.

- Age & Gender

As noted above, this pilot was centered around the Gentlemen of Excellence program. Those in the study were boys in seventh and eighth grade only.

- Neighborhoods

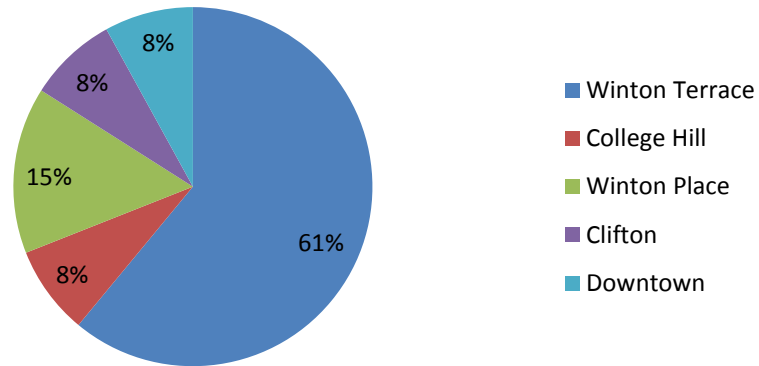
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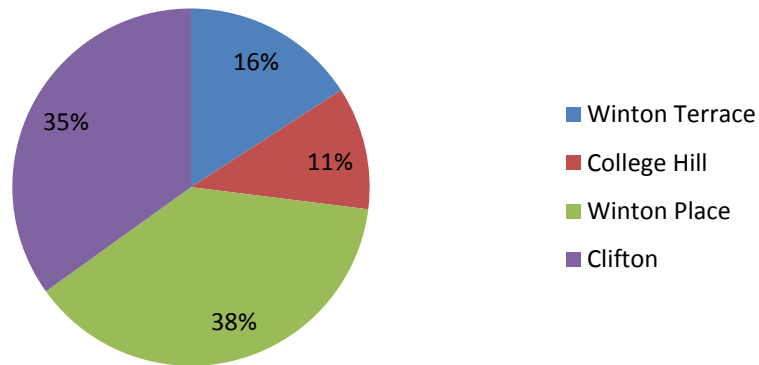
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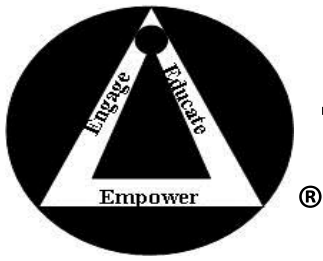
2009 - 2012



2012 - 2013



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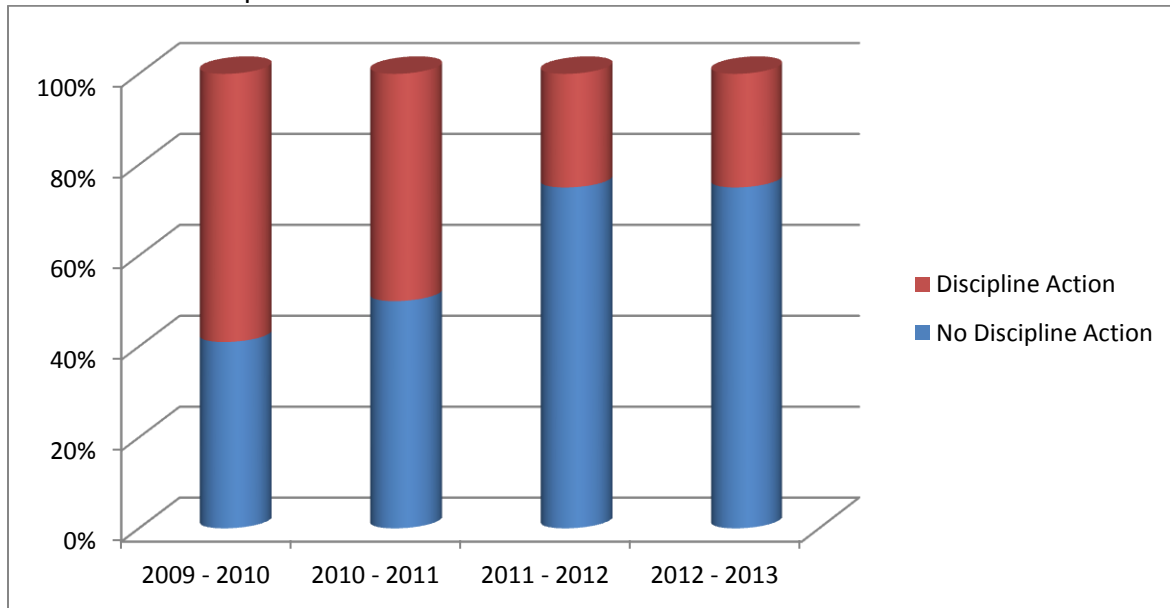
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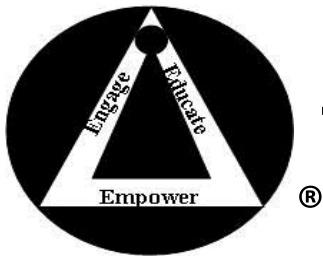
GENTLEMEN OF EXCELLENCE DISCIPLINE

All school districts have a code of conduct. Sometimes, a child can be doing really well, but the environment of the school and/or home life can affect the child and the behaviors at school. Sometimes a school district or even the school itself seems like an enemy to the student. This program is to provide opportunities for children – the goal being to affect behaviors at school. The school can help and intervene.



*2009 – 2010 we canister the infant stage. GOE was not yet fully formed, and needing discipline action was much higher than not – 59% of the participants needed discipline action. By 2012 – 2013, 75% of the participants did NOT need discipline action, something we are very proud of.

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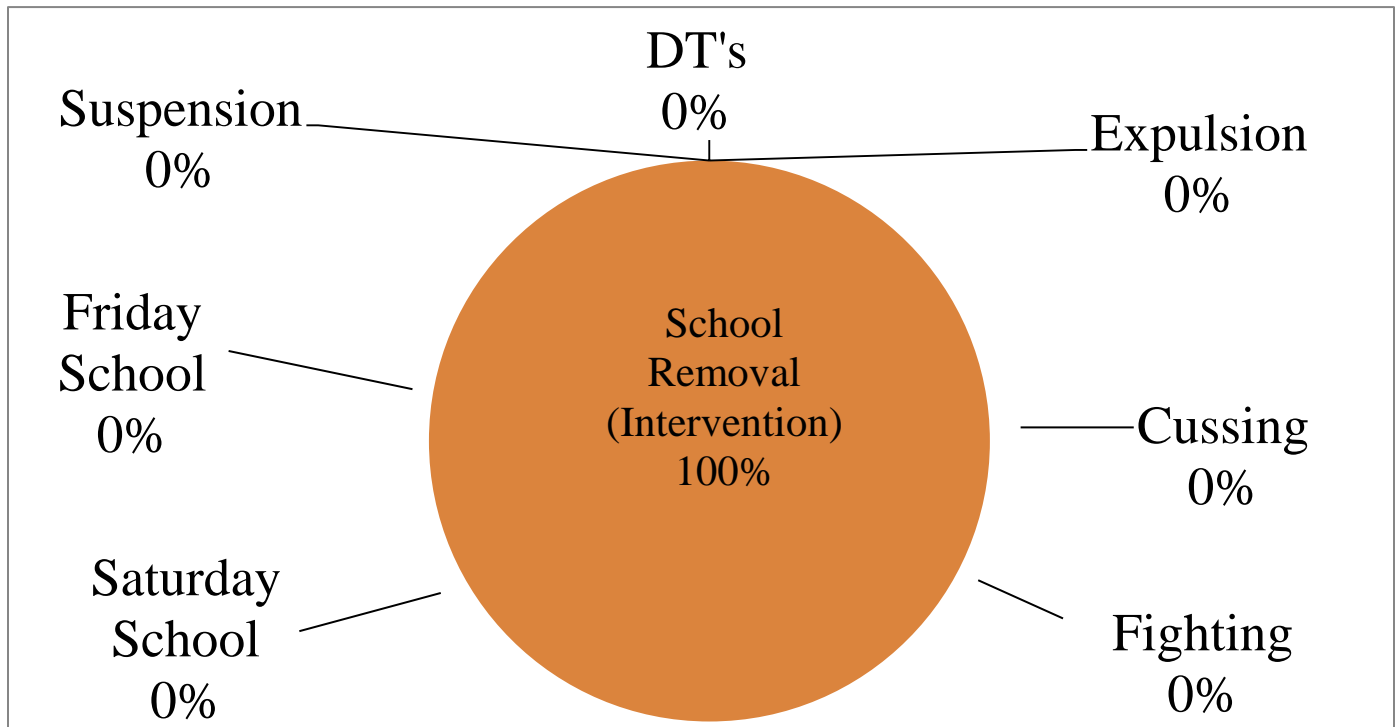


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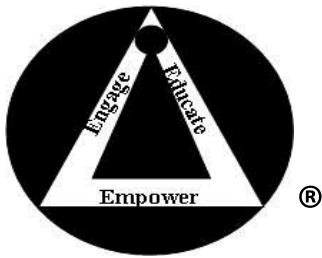
DISCIPLINE BREAKDOWN

2012 - 2013



One thing we are very proud of is the Discipline breakdown. There was only one case where school removal was needed. From year to year, the discipline actions improved tremendously.

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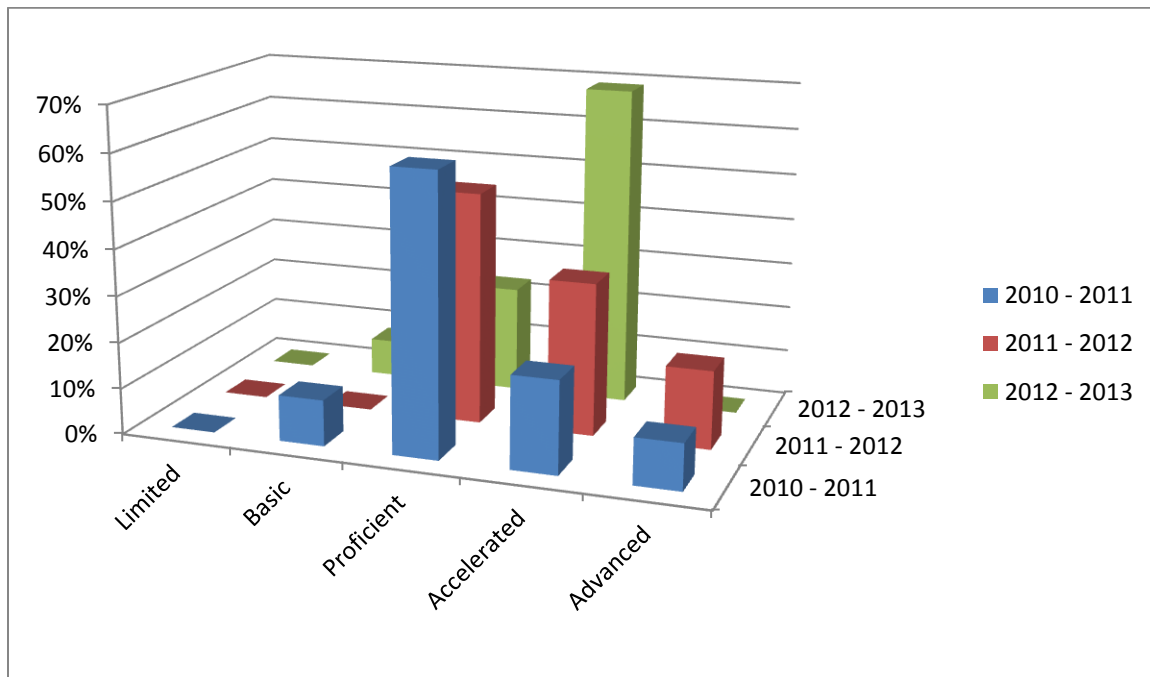
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OHIO'S ACHIEVEMENT ASSESMENT

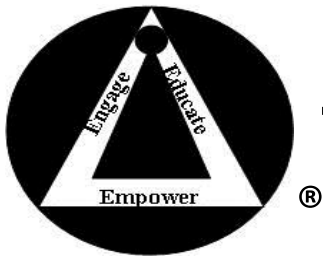
- The Ohio Achievement Assessments for grades 3 – 8 measure students on what they know and are able to do in various subjects. Below Charts our progress in both Math and Reading for our participants.

- Math



*Note the increase in percentages in the Accelerated category!

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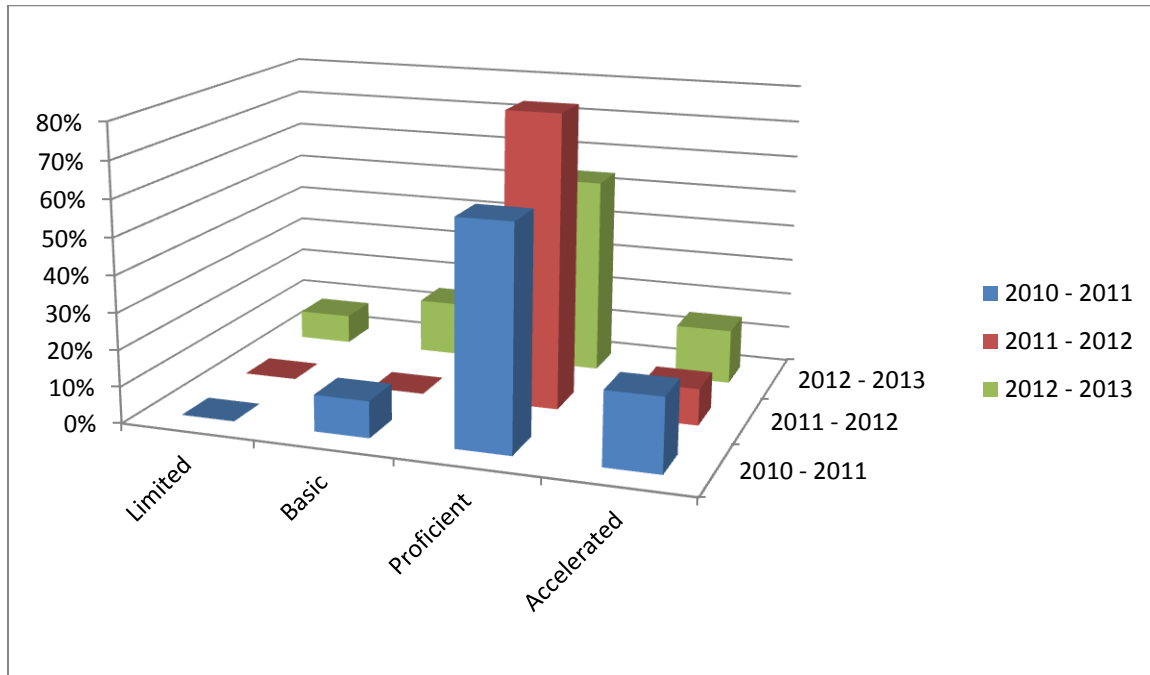


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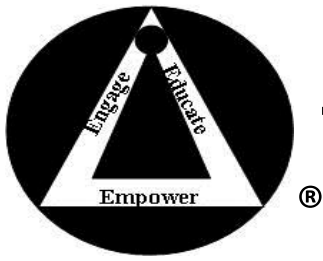
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- Reading



*Overall, once again you can see the overall improvements of the scores, showing us how beneficial this program has been.

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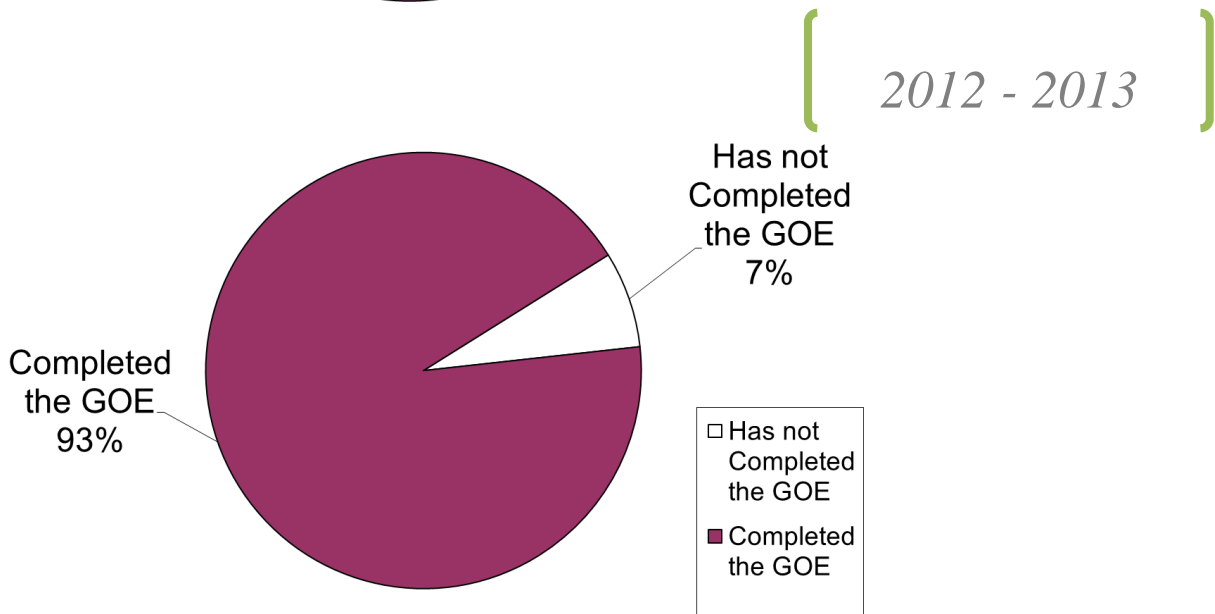
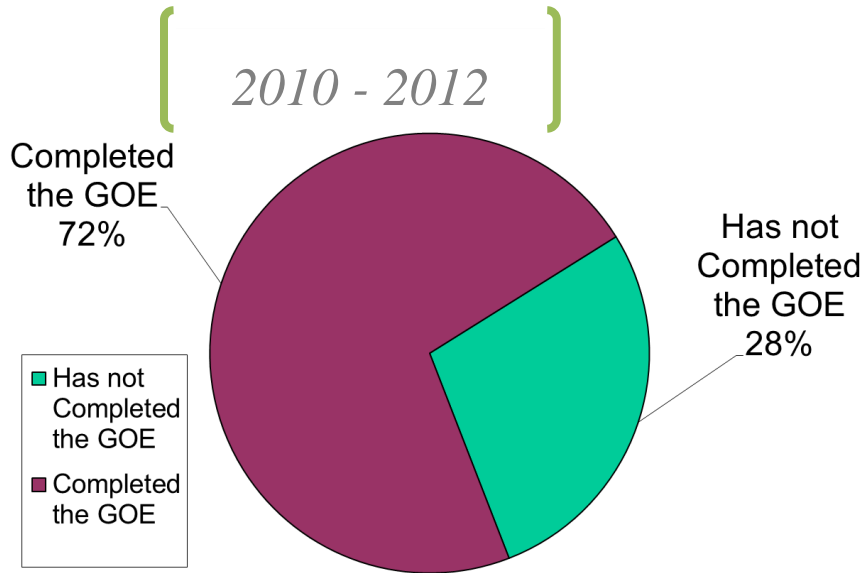


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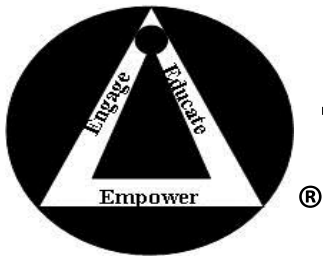
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COMPLETION OF PROGRAM



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- It's important to note the percentage of people who completed the curriculum from year to year.
 - From 2010 – 2012, 72% of the students completed the program.
 - From 2012 – 2013, 93% of the students completed the program.

SUMMARY

From the data above, we believe the pilot in Winton Elementary School has shown to be very beneficial to the students. Our goal to engage, educate and empower the students has proven to be beneficial, and our hope is to provide students with the tools and opportunities to become self-sufficient adults of the community. We believe this is a worthwhile cause and think it would be beneficial in additional various schools.

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